

## Shopping Basket Challenge

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- Three shopping baskets one labeled with a small footprint, one labeled with a medium footprint, and one labeled with a large footprint.
- Lots of empty food packets, or real food, and/or pictures or models of food, that represent high, medium, and low footprint diets.
- A shopping trolley or a big cardboard box

This is a warm up game which will allow you to assess pupils current level of understanding of food sustainability issues. You will need some floor space, as it is a team relay game. Set up three empty shopping baskets at the end of the room, clearly labelled with a small footprint, a medium footprint, and a large footprint:



[Downloadable the Footprint labels \(PDF\)](#)

Set up one large receptacle (a shopping trolley would be fantastic, but otherwise a big bin or box) at the other end of the room, with all of the food items in it. The food items should be a mix of high, medium, and low footprint foods, or representation of foods. You could use empty food containers, photographs of food, or the real thing for extra excitement. Divide the class into three teams, and line them up at the same end of the room as the container of shopping. After announcing the start of the race the first child in each team races to the container, picks out an item of food at random, runs to the end of the hall and throws it into the basket they think most

appropriate. Continue until all the food has been distributed. Then gather the pupils round the baskets and check the contents with them. At this stage you don't need to give them extra information, just engage them in discussion about why they had chosen the baskets they had, and see if through discussion with the rest of the class they are happy with their choices or want to change them. Explain that they will be re-visiting the baskets at the end of the session to see if their ideas have altered over the course of the day.



